

PHYSICAL ACTIVITY POLICY

1. **SCHOOL NAME**

Hanover Primary School

2. **DATE OF POLICY IMPLEMENTATION**

January 2011

3. **DATE OF NEXT REVIEW**

January 2012

4. **RESPONSIBILITY**

Leigh and Kate

5. **OUTLINE OF FACILITIES AVAILABLE FOR PHYSICAL ACTIVITY**

On-site facilities

*on-site facilities changing from September of 2011 because of building works. Facilities available will depend on the schedule for the building works.

Outdoor spaces – roof playground with pitch and other game markings, back playground with court markings and other game markings, KS1 playground area with climbing structure, reception playground, nursery playground with playground structure and garden.

Indoor spaces – middle hall available a few days a week, suitable for dance. Downstairs dinner hall with wall mounted gym equipment, built in cupboard with games equipment and a variety of floor mats.

Equipment – including a variety of bats, balls, beanbags and hoops for skill based learning. Sets of cricket, netball, basketball, hockey, football, rugby, golf, badminton, tennis, and rounder's equipment for game based activities. Set of books, CD's and skills cards that can be used for dance and gymnastics. Large equipment like nets/goals are stored in the side playground shed or shed area.

Equipment specially purchased for the reception and nursery playgrounds is stored in sheds in their play area.

Off-Site Facilities

We purchase sessions at ironmonger row swimming baths. Each week we have 2 swimming sessions in the large and small pools. The swimming is provided for all the children in year 3.

Highbury Fields football pitches and netball courts are used for interschool matches and for the annual KS2 sports day.

Rosemary Gardens is used for Foundation Day fun day and KS1 annual sports day.

Hampstead Heath and Shoreditch Park are used as outdoor spaces for a variety of interschool activities for KS2.

Islington Boat Club is used (currently on an irregular basis) for sessions/clubs during the school day. The school has a link with the boat club after school club.

6. AIM

To increase the activity levels and well being of the whole school through the provision of a supportive environment that encourages and enhances physical activity and a healthy lifestyle.

7. OBJECTIVES

5 hours of PE activities are to be on offer for all students from year 1-6. 2 hours are to be curriculum based with the other 3 hours being offered out of school hours.

Within the Physical Education Curriculum

We aim to provide a well-balanced and differentiated PE curriculum. Children in the KS1 and KS2 receive 1 hour of PE teaching twice a week. This includes gymnastics, balls skills, dance and games. Different PE foci are undertaken each term and are linked in to the international curriculum topic that is being studied at the time. KS2 classes receive some PE time from an outside paid coach.

Children in year 3 receive 1 hour of focused teaching and a swimming time slot.

The foundation stage offer a wide range of physical activities for the children and included within that is at least one hour of focused PE time.

Lunchtime games and activities

Children are provided with a variety of playground equipment. Teacher assistants and school meal supervisors are trained to support the children in their child initiated activities. Lunchtime games and activities are child initiated and are monitored by the teacher assistants to encourage the development of good social and physical skills.

Children in the foundation stage have outside access for most of the school day. They have access to bikes, PE equipment, slides and climbing frames. The foundation stage teachers, nursery nurses and teacher assistants supervise and

interact with the children's outdoor play to guide activities and develop children's outdoor skills.

After School Activities

We run a variety of after school activities and clubs that are constantly changing with the children's interests and needs. These clubs are run by Hanover staff and by external teachers who we employ. We used our school council as a vehicle for deciding what clubs the children want. We employ an external agency to run an after school play centre for children of Hanover and other surrounding schools. It is responsible for running an extensive range of activities. They have access to the KS1 playground.

Traveling activities to and from school

We have facilities for children and staff to store their bikes safely and we actively encourage staff, pupils and parents to cycle to school.

The school has a travel plan that was finalized after wide consultation with the school community. The school encourages the children to walk or cycle to work with the 'walk to school' programme, which rewards children with badges and certificates if they walk to school.

8. STAFFING LEVELS AND RESPONSIBILITIES

Name of staff member	Responsibilities
Leigh Pollard	PE coordinator
Kate Rock	PE coordinator
Declan Hamblin	SSCO- CEA@islington
Mandy Reese	Head Teacher

9. CURRICULUM PHYSICAL EDUCATION PROGRAMME

PE is the foundation subject in the national curriculum. Our school currently uses the international primary curriculum and QCA for its curriculum planning in PE. Teachers have access of a variety of other resources including a gymnastics and dance scheme of work. As required we teach dance, games and gymnastics at KS1. At KS2 we teach dance, games, gymnastics, swimming and athletics. Each summer we organize a residential school journey for children in year 6 where they participate in outdoor and indoor physical activities.

Curriculum planning in PE is linked with the international primary curriculum. Teachers plan medium and short term to ensure all aspects of the PE curriculum are covered. The teachers are working to ensure that international primary curriculum covers all statutory government requirements.

We plan the PE activities so that they build upon the prior learning of the children while there are opportunities for children of all abilities to develop their skills knowledge and understanding. Children are increasingly challenged as they move up the school through the type of activities and skills taught.

We encourage the physical development of our foundation stage children as an integral part of their work. We relate the physical development of the children to the objectives set out in the Early Learning Goals.

10. TRAINING

Mandy Reese head teacher is responsible for insets/ professional development.

11. RESOURCE PROVISION

Kate Rock and Leigh Pollard are responsible for the purchase of resources. This is done in consultation with teachers learning mentors and teacher assistance. A limited budget is set aside for PE purchases, however additional funds are sometimes available from Sainsbury's and the Big lottery Funding.

12 INVOLVING PARENTS AND CARERS

Parents are actively encouraged to support school sports events including the annual sports days and inter-schools competitions. A group of parents run the weekly swimming club and organize our entry into the annual swimming gala. They have been encouraged to take part in health week and sport week events and encouraged to walk or cycle to school with their children instead of driving.

13 SCHOOL POLICIES ON SPECIFIC ISSUES, EG EQUAL OPPORTUNITIES,SAFETY

Statement on entitlement and equal opportunities

All pupils in the school, including those with special needs are entitled to a comprehensive programme of physical activity which

1. Fulfils the statutory national curriculum requirements
2. Takes into account their individual needs and interests
3. Provides them with opportunities to pursue activities beyond the school day

Differentiation

The school is sensitive to the needs and skills of the individual and physical activities provisions is inclusive of all abilities and pupils whether the pupils are physically gifted or challenged.

Inclusion of those with specific disability and /or health conditions

The school assists pupils with specific disabilities/health conditions and provides effective learning opportunities where appropriate. Activities are adapted to suit

individual requirements as appropriate; this may include modifying a task, offering a parallel or separate activity.

Assessment/Recording/ reporting

Assessment will monitor and measure pupil's progress. Primarily it is teacher observation driven but also includes pupil feedback on specific tasks or questions. Individual targets are set for pupils and verbal feedback is provided as to whether those targets have been attained. Pupil achievements are highlighted in school assemblies and on display boards. Assessment is communicated to parents at parent consultation evenings and by pupil's annual report.

Health and Safety

The school recognizes that physical activity involves children in activities which by their very nature contain an element of risk. Teachers manage this risk by:

Being familiar with safe practices for moving and using apparatus

Being aware of children who have special needs with regards to physical activities e.g. asthma

- Having children wear appropriate clothing for the activity
- Having children remove jewellery
- Having children with long hair tied back
- Being aware of the correct procedure for the development of specific skills being taught
- Ensuring that apparatus and equipment are stored safely at the end of each lesson
- Encouraging children to consider their own safety and the safety of others at all times

It is a general requirement that we undertake an annual risk assessment of the schools premises and equipment, whilst a specialist firm is used annually to check all PE equipment.

Risk assessments are carried out by the teacher in charge of all out of school activities.

14 CONSULTATION AND DISSEMINATION

Pupils are consulted through School Council. They are asked about the extra-curricular physical activities that they would like to have considered. This has a direct impact on the activities made available to them.

The whole staff is consulted as to the content of this policy and it is presented for approval to the school governors.

New members of staff will be presented with a set of school policies

Copies of all school policies are available to parents.

15. PROCEDURES FOR MONITORING AND EVALUATING THE PHYSICAL ACTIVITY POLICY

Teacher and pupil feedback are used to monitor and evaluate this policy. We carefully monitor the time spent on physical activity both during and after the school day and increase wherever possible the number of opportunities available for all children. We keep detailed registers of all children involved in afterschool activities.

Teacher assessments of pupil skills are used to evaluate the success of our PE teaching.

Success in inter-school competitions is also used as a measure of the success of our physical activity programme.

The breadth and balance of our curriculum is also a measure and cross-curricular links are built in wherever possible. Children with particular abilities in PE and sport are identified in the gifted and talented register and are encouraged to take part in extra-curricular activities.